# Activity: Worth Checking Out

### Directions:

1. Review your interests list from Activity 3.2 and the results of any career interest surveys that you have completed in the past two years.
2. Identify two careers you are interested in learning more about.
3. Choose one that represents your passion and one that might be a good fallback option, or Plan B.

Go to the Department of Labor’s site, career-one-stop

<https://www.careeronestop.org>

* Take an interest assessment, available in the site’s “Toolkit”
* Explore careers
* Research training opportunities
* Plan a job search

Plan A:

Plan B: