# Activity: My Money Habits a

**Directions:**

What money habits do you have?

1. List your money habits.
2. Mark them as sensible (+), unwise (–) or neutral (N).

We’ll come back to finish the right-hand column in this chart later.

|  |  |  |
| --- | --- | --- |
| **Habit** | **+ / - / N** | **Possible Impact** |
| *Stopping for fast food on the way home every day* | **-** | *Since I could wait to eat until I get home, that money could be used for other, more important things* |
| *Putting spare change in a jar every night* | **+** | *I can use it to buy something I want in a few months* |
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# Activity: My Money Habits b

Directions: Look at your money habits in the left column above. Think about how each habit could affect you in the future. For each unwise habit you listed, write a sensible habit to replace it.